



# INTERIOR REGION EMERGENCY MEDICAL SERVICES COUNCIL, INC.

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**Dear ACLS candidate,**

The ACLS Course for which you are registered will meet at Interior Region EMS Council at 2503 18<sup>th</sup> Ave on October 25th, 2019. Class will start at 8:30.

## **How to Get Ready**

The ACLS Course is designed to teach you the lifesaving skills required to be both a team member and a team leader in either an in-hospital or out-of-hospital setting. Because the ACLS Course covers extensive material in a short time, you will need to prepare for the course beforehand.

## **Precourse Requirements**

You should prepare for the course by doing the following:

1. Complete the online ACLS Heartcode, print your certificate of completion and bring it with you to the course.
2. Review and understand the information in your *ACLS Provider Manual (this will be an ebook that you will gain access to upon purchasing the ACLS Heartcode)*. Pay particular attention to the cases in Part 5.
3. Ensure that your BLS skills and knowledge are current for the resuscitation scenarios. You will be tested on adult high-quality BLS skills at the beginning of the ACLS Course. You must know this in advance because you will not be taught how to do CPR or use an AED.
4. Review, understand, and complete the Precourse Self-Assessment (mandatory) on the Student Website ([www.heart.org/eccstudent](http://www.heart.org/eccstudent)). You will find the code to access the student website at the beginning of the *ACLS Provider Manual*. You will not be taught how to read or interpret ECGs in the course, nor will you be taught details about pharmacology.
5. Print your scores (certificate) for the Precourse Self-Assessment and bring them with you to class. A passing score is 70% or above, and you can take the Precourse Self-Assessment as many times as needed to achieve a passing score.

## **What This Course *Does Not* Cover**

The ACLS Course does not teach ECG rhythm recognition or pharmacology. If you do not learn and understand the ECG and pharmacology information in the Precourse Self-Assessment, it is unlikely that you can successfully complete the ACLS Course.

## **What to Bring and What to Wear**

*A 2015 Handbook of Emergency Cardiovascular Care for Healthcare Providers will be provided to you at the beginning of class.* Please also have a way to access your online e-book during class, because that would also be beneficial. You will need them during each lesson in the course and as a resource when doing the scenarios.

Please wear loose, comfortable clothing to class. You will be practicing skills that require you to work on your hands and knees, and the course requires bending, standing, and lifting. If you have any physical condition that might prevent you from engaging in these activities, please tell an instructor. The instructor may be able to adjust the equipment if you have back, knee, or hip problems.

We look forward to welcoming you on October 25th. If you have any questions about the course, please call Kimberlee Johnson at 907-456-3978.

Sincerely,

Kimberlee Johnson  
Training Coordinator