



INTERIOR REGION EMERGENCY MEDICAL SERVICES COUNCIL, INC.

2503 18th Avenue • Fairbanks, Alaska 99709
Phone (907) 456-3978 • Fax (907) 456-3970

Dear PALS candidate,

The PALS Course for which you are registered will meet at Interior Region EMS Council at 2503 18th Ave on December 13th, 2019. Class will start at 8:30.

How to Get Ready

The PALS Course is designed to improve the quality of care provided to seriously ill or injured children, resulting in improved outcomes. Because the PALS course covers extensive material in a short time, you will need to prepare for the course beforehand.

Precourse Requirements

You should prepare for the course by doing the following:

1. Complete the online PALS Heartcode, print your certificate of completion and bring it with you to the course.
2. Review and understand the information in your *PALS Provider Manual* (you will gain access to this when you register for the Heartcode class as an E-book).
3. Ensure that your BLS skills and knowledge are current for the resuscitation scenarios. You will be tested on adult high-quality BLS skills at the beginning of the PALS Course. You must know this in advance because you will not be taught how to do CPR or use an AED.
4. Print your scores (certificate) for the Precourse Self-Assessment and bring them with you to class. A passing score is 70% or above, and you can take the Precourse Self-Assessment as many times as needed to achieve a passing score.

What This Course *Does Not* Cover

The PALS Course does not teach ECG rhythm recognition or pharmacology. If you do not learn and understand the ECG and pharmacology information in the Precourse Self-Assessment, it is unlikely that you can successfully complete the PALS Course

What to Bring and What to Wear

Please have a way to access your E-book *PALS Provider Manual* during class. You will need it during each lesson in the course and as a resource when doing the scenarios.

Please wear loose, comfortable clothing to class. You will be practicing skills that require you to work on your hands and knees, and the course requires bending, standing, and lifting. If you have

We look forward to welcoming you on December 13th. If you have any questions about the course, please call Kimberlee Johnson at 907-456-3978.

Sincerely,

Kimberlee Johnson
Training Coordinator