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THE ALASKA
TRAINING
COOPERATIVE

presents:

Mental Health First Aid

Date & Time: Saturday, December 15, 2018 08:30 AM until 05:00 PM

Location: Girdwood Fire Department Community Room- 250 Egloff Dr.-Girdwood

Description: Mental Health First Aid trainees are taught how to practice and respond appropriately to mental health problems in a variety of situations, such as helping someone through a panic attack, engaging with someone who may be suicidal, or assisting an individual who has overdosed.

GOALS OF TRAINING

- *Helping safety of First Responders*
- *Helping safety of the population being served*
- *Access mental health services easier*
- *Gaining knowledge and tools to deescalate or prevent mental health crises*
- *Prevent unnecessary use of force*

This training offers 8 C.E. Credits for Nursing through the American Nurses Credentialing Center (ANCC). Please see registration page for more information.

Register: Those who wish to attend must register in advance through The Alaska Training Cooperative Learning Management System.

[Click Here](#)

For Registration Assistance: If you have any questions or need assistance with the registration process, please contact AKTC Support at [907-264-6244](tel:907-264-6244), or support@aktclms.org.

Contact: For more information about this training, contact Jill Ramsey [907-264-6228](tel:907-264-6228) or jill@alaskachd.org