

Summary of Changes to Alaska EMT Practical Exam

April 30, 2015

The State Training Committee and the State of Alaska EMS Unit have adopted EMT practical exam materials to support implementation of current National EMS Education Standards. Please review the information below to prepare for a smooth practical day.

1. **Alaska's EMT-1 Practical Exam will consist of these six stations:**
 - a. Trauma assessment
 - b. Medical assessment
 - c. Cardiac arrest/AED
 - d. BVM ventilation (includes suctioning and airway adjuncts)
 - e. Supine spinal stabilization
 - f. Random rotation:
 - i. Oxygen administration
 - ii. Bleeding control/ shock management
 - iii. Long bone immobilization
 - iv. Joint immobilization
2. **Alaska's EMT-2 Practical Exam** will consist of the above stations, with the substitution of IV access/ med. administration for Medical assessment, and Airway management for BVM.
3. **Alaska's EMT-3 Practical Exam** will include the EMT-2 stations with the further substitution of Dynamic Cardiology for Cardiac arrest/AED.
4. **Station equipment and practice changes:** Several stations will require additional equipment. **This equipment will be required beginning July 1, 2015.**
 - a. **BSI = gloves + goggles.** While BSI can be either worn or verbalized, getting credit for that step requires wearing/ verbalizing both gloves and eye protection.
 - b. **Barrier device for CPR in AED station.** Cardiac arrest/AED requires demonstration of 1-rescuer CPR with a pocket mask or similar barrier device (simulated ventilations are acceptable through June 30, 2015).
 - c. **Vital signs in assessment stations:** Trauma and medical assessment stations require the candidate to manually perform vital signs and certain other assessments. Please review the equipment list for required equipment in assessment station.
 - d. **Tourniquet in bleeding control:** Bleeding control and shock management will require candidates to place a tourniquet.
 - e. **Cardiac arrest/AED, BVM and Ventilatory Management must take place on the floor.** Do not place mannequins on a table. Contact the State of Alaska EMS Unit if any further guidance is needed.
 - f. **Only items listed on the equipment list are allowed in stations.**
5. **New practical exam sheets were published on February 1, 2015:** Please ensure that you, your students and assistant instructors/ proctors are familiar with them, including the critical criteria.
6. **Feedback on these changes:** Please ensure that proctors and candidates complete the Skill Station Examiner Questionnaire and return them with the CO packet.