

instructor has provided at the EMT-I, II, or III level to his or her EMT-I, II, or III recertification requirements. The instructor may not, however, check off his or her own skills. This must be done by another department approved Instructor.

Preceptorship Programs:

Up to 12 hours of continuing medical education per certification period may be awarded for out-of-hospital EMS based preceptorship programs meeting the following guidelines stated at

<http://chems.alaska.gov/EMS/CME.htm>.

Physician-Moderated Run Reviews:

Participation in physician conducted run reviews can be used toward the continuing medical education requirements for EMTs. You may claim one hour for every hour actually spent in run reviews, up to 48 hours in a two year certification cycle.

Specific CME Training Programs:

A list of approved classes such as; ACLS, AMSEA, BTLs, etc. and the CME hours they are approved for are listed at

<http://chems.alaska.gov/EMS/CME.htm>.

CME for Air Medical Services Personnel:

Alaska regulation 7 AAC 26.370 (c) requires that applicants for air medical service recertification "show evidence that all medical attendants employed or used on the medevac service, critical care air ambulance service, or specialty air medical transport team have current certificates or licenses, as well as have at least 16 hours per certification period of continuing medical education in specialized air

medical patient transport topics."

The following are examples of valid CME for air medical personnel under this regulation:

In-services on equipment;

"Run reviews" of air medical responses;

Training listed in as part of an air medical training program as defined in 7 AAC 26.999; and lecture, demonstrations, and skills sessions related specifically to medical care in the air medical environment.

Typical continuing medical opportunities, such as BTLs and ACLS, do not count towards the CME requirement of 7 AAC 26.370 (c) unless the content is geared specifically for use in the air medical environment.

Pre-Approval of CME Programs:

For information and contact information on pre-approval please see:

<http://chems.alaska.gov/EMS/CME.htm>

For more in depth information regarding CME please see:

<http://chems.alaska.gov/EMS/CME.htm>

The requirements for EMT-I, EMT-II and EMT-III recertification can be found on the downloadable [application for recertification](#)

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Continuing Medical Education

What counts & What Doesn't



Overview

The purpose of this brochure is to provide the reader with information concerning the applicability of time spent studying certain subjects towards the continuing medical education (CME) requirements for recertification as an Emergency Medical Technician. In addition, the page includes information on the process for "pre-approving" continuing medical education programs.

Definition of Continuing Medical Education:

7 AAC 26.999 (12) "continuing medical education" means instruction in topics included in the training course curriculum for EMT-Is, EMT-IIIs, or EMT-IIIs, that may be presented using critiques, didactic sessions, practical drills, workshops, seminars, or other department-approved means; additional topics for continuing medical education include: air medical emergency care, athletic injuries, battered spouses, child abuse, communications, crime scene response, disabled adults, electrical hazards, explosion injuries, extrication, medical terminology, farm machinery injuries, hazardous materials, incident management industrial injuries, infectious diseases, injury prevention, medico-legal aspects, neonatal care/sudden infant death syndrome (SIDS), protective breathing apparatus, radioactive materials, rape intervention, rappelling, sea survival, hyperbaric medicine, or special rescue (e.g. aerial, diving, mountain, search).

Documentation of Continuing Medical Education:

The number of hours, for each offering, must be verified by the Fire or EMS Chief, Service EMS Coordinator, Medical Director, Training Officer, or agency providing the CME credits. Documentation should be submitted with the appropriate application for recertification and should include the following information:

1. Name of the Participant;
2. Subject of the CME;
3. Level of the CME Provided (EMT-I, EMT-II, etc.);
4. Number of Hours Awarded; and
5. Signature of course coordinator or course instructor.

Cardiopulmonary Resuscitation:

A valid CPR credential includes CPR cards, course rosters, or a letter from the CPR Instructor attesting to the applicants successful completion of a CPR program. The card or letter must clearly indicate that the course included adult, child, and infant CPR and airway obstruction relief maneuvers, including two rescuer CPR and barrier devices. The following CPR credentials are acceptable for EMT certification.

- BLS for Health Care Providers-**American Heart Association**
- CPR for the Professional Rescuer-**American Red Cross**
- The CPR component of **Medic First Aid-Advanced**

- Basic Life Support for Professionals (BLSPRO)-**EMP America**
- CPR for the Professional Rescuer-**American Safety & Health Institute**
- **Respond Systems** AED/CPR
- AAOS Emergency Care and Safety Institute-**Professional Rescuer CPR**

Please note that American Heart Association "Heartsaver CPR" and similar programs do **NOT** meet the CPR requirements for EMT certification.

Policy on "Self-Study" CME:

Self study CME includes internet based CME Training, as well as EMS related videotapes and magazines. The number of hours, for each offering, must be verified by the Fire or EMS Chief, Service EMS Coordinator, Medical Director, Training Officer, or agency providing the CME credits. *The total number of hours which may be applied towards EMT-I, EMT-II, or EMT-III recertification is limited to 24 per two year certification period.*

CME for Serving as an Examination Proctor, Simulated Patient or Certifying Officer:

An individual who has served as an EMT examination proctor, simulated patient and/or certifying officer may receive up to 12 hours of CME per certification period for these activities.

Instructor Activity:

Each recertification period, an EMT-I Instructor, EMT-II Instructor or EMT-III Instructor may apply up to 24 hours of instruction the