

Sample Agenda for ACLS Traditional Course

12 Students, 2 ACLS Instructors; approximately 15 to 16 hours with breaks

Day 1		
8:30	Lesson START: Welcome, Introductions, and Course Administration	
8:45	Lesson 1: ACLS Course Overview and Organization	
8:55	Lesson ACLS-Traditional 2: Systems of Care	
9:05	Lesson ACLS-Traditional 3: The Science of Resuscitation	
9:20	Lesson ACLS-Traditional 4: Systematic Approach	
9:35	Lesson ACLS-Traditional 5: CPR Coach	
Divide class into 2 groups	Lesson 6 Learning/Testing Station: High-Quality BLS (Lesson 2 in ACLS Lesson Plans)	Lesson 6 Learning/Testing Station: High-Quality BLS (Lesson 2 in ACLS Lesson Plans)
9:45	Group 1	Group 2
10:30 Break		
Divide class into 2 groups	Lesson 7 Learning/Testing Station: Airway Management (Lesson 3 in ACLS Lesson Plans)	Lesson 7 Learning/Testing Station: Airway Management (Lesson 3 in ACLS Lesson Plans)
10:40	Group 2	Group 1
One large group (or 2 small groups)		
11:25	Lesson 8: Technology Review (Lesson 4 in ACLS Lesson Plans)	
11:40	Lesson 9: Recognition: Signs of Clinical Deterioration (Lesson ACLS-Traditional 6)	
Divide class into 2 groups	Lesson 10 Learning Station: Acute Coronary Syndromes (Lesson ACLS-Traditional 7)	Lesson 11 Learning Station: Acute Stroke (Lesson ACLS-Traditional 8)
11:50	Group 1	Group 2
12:20	Group 2	Group 1
12:50 Lunch		
One large group (or 2 small groups)		
1:35	Lesson 12: High-Performance Teams (Lesson 7 in ACLS Lesson Plans)	
2:05 Break		
Divide class into 2 groups	Lessons 13 Learning Station: High-Performance Teams: Cardiac Arrest and Post-Cardiac Arrest Care (Lesson 8 in ACLS Lesson Plans)	13 Learning Station: High-Performance Teams: Cardiac Arrest and Post-Cardiac Arrest Care (Lesson 8 in ACLS Lesson Plans)
2:20	Group 1	Group 2
4:50 End of Day 1		

Day 2		
Divide class into 2 groups	Lesson 14 Learning Station: Preventing Arrest: Bradycardia (Lesson 5 in ACLS Lesson Plans)	Lesson 15 Learning Station: Preventing Arrest: Tachycardia (Stable and Unstable) (Lesson 6 in ACLS Lesson Plans)
8:30	Group 2	Group 1
9:30	Group 1	Group 2

Day 2

10:30 Break		
<i>Divide class into 2 groups</i>	Lesson 16 Learning Station: High-Performance Teams: Megacode Practice (Lesson 9 in ACLS Lesson Plans)	Lesson 16 Learning Station: High-Performance Teams: Megacode Practice (Lesson 9 in ACLS Lesson Plans)
10:45	Group 2	Group 1
1:05 Lunch		
<i>Divide class into 2 groups</i>	High-Performance Teams: Megacode Testing and Megacode Testing Details (Lessons T2-T4 in ACLS Lesson Plans)	High-Performance Teams: Megacode Testing and Megacode Testing Details (Lessons T2-T4 in ACLS Lesson Plans)
2:00	Group 1	Group 2
3:15 Break		
<i>One large group (as students finish Megacode Test)</i>		
3:25	Exam (T5-T6)	
4:10	Remediation/Class Ends	