

Sample Agenda for HeartCode® PALS Course With Optional Lesson
Student-instructor ratio 6:1; approximately 5 hours 30 minutes

Time	Lesson
8:00-8:05	Course Introduction
8:05-9:05	Lessons 1A and 1B: BLS Testing Stations <ul style="list-style-type: none"> • Child High-Quality BLS Test (30 minutes) • Infant High-Quality BLS Test (30 minutes)
9:05-9:25	Lesson 1C: Learning/Testing Station: Child and Infant Choking (Optional)
9:25-9:45	Lesson 2A: Learning Station: Airway Management
9:45-10:05	Lesson 2B: Learning Station: Vascular Access
10:05-10:15	Break
10:15-10:35	Lesson 2C: Learning Station: Rhythm Disturbances/Electrical Therapy
10:35-10:55	Lesson 3: Learning Station: Coping With Death (Optional)
10:55-11:45	Lesson 4: Case Scenario Practice With Simulations (2)
11:45-12:35	Lesson 5: Case Scenario Testing (2)
12:35-1:30	Class ends and remediation