## ALSO® PROVIDER COURSE

Advanced Life Support in Obstetrics (ALSO) is an evidencebased, interprofessional, and multidisciplinary training program that equips the entire maternity care team with skills to effectively manage obstetric emergencies. This comprehensive course encourages a standardized team-based approach amongst physicians, residents, nurse midwives, registered nurses and other members of the maternity care team to improve patient safety and positively impact maternal outcomes.

## **OVERALL COURSE OBJECTIVES**

- Discuss methods of managing pregnancy and birth urgencies and emergencies, which standardizes the skills of practicing maternity care providers.
- Demonstrate content and skill acquisition as evidenced by successful completion of online course examination, skills workstations, and group testing stations.
- Provide safe team leadership through various emergency obstetric scenarios.
- Demonstrate effective team communication strategies focusing on patient safety.

## CME & CNE INFORMATION

AAFP Prescribed credit is accepted by the following organizations/physician licensing boards. This acceptance is confirmed each year, though no written agreement exists. Participants should contact these organizations directly to find out how to report credit:

American Academy of Physician Assistants (AAPA) National Commission on Certification of Physician Assistants (NCCPA)

American Nurses Credentialing Center (ANCC)
American Academy of Nurse Practitioners Certification Board (AANPCB)

American Association of Medical Assistants (AAMA) American Board of Family Medicine (ABFM)

American Board of Family Medicine (ABFM)

American Board of Emergency Medicine (ABEM)

American Board of Preventative Medicine (ABPM)

# MAINTENANCE OF CERTIFICATION

The ABOG MOC standards now allow participation in ABOG-approved Simulation Courses to meet the annual Improvement in Medical Practice (Part IV) MOC requirement. This course has been approved to meet ABOG Improvement in Medical Practice requirements until 12/31/2025. Please review the current MOC Bulletin for further information: ABOG Bulletins.

# **COURSE DISCLAIMER**

The material presented at this course is being made available by the American Academy of Family Physicians for educational purposes only. This material is not intended to represent the only, nor necessarily the best, methods or procedures appropriate for the medical situations discussed, but rather is intended to present an approach, view, statement, or opinion of the Instructors which may be helpful to others who face similar situations.

The AAFP disclaims any and all liability for injury, or other damages, resulting to any individual attending this course and for all claims which may arise out of the use of the techniques demonstrated therein by such individuals, whether these claims shall be asserted by a physician, or any other person.

Every effort has been made to assure the accuracy of the data presented at this course. Clinicians may care to check specific details, such as drug doses and contraindications, etc., in standard sources prior to clinical application.

The AAFP has reviewed ALSO Provider Course and deemed it acceptable for up to 8.00 Live AAFP Prescribed credits. Term of Approval is from 3/25/2024 to 3/25/2024. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

The American Academy of Family Physicians is approved as a Provider of continuing nursing education by the Kansas State Board of Nursing. This course offering is approved for 9.60 contact hours applicable for APRN, RN, or LPN relicensure. Kansas State Board of Nursing Provider number: LT0278-0312. This is an advanced level course and may not be suitable for all general continuing nursing education.

For more information on Advanced Life Support in Obstetrics (ALSO), please visit www.aafp.org/ALSO



# **ALSO Provider Course**

March 25, 2024 745am – 5pm

\$200 per participant

Fairbanks Memorial Hospital 1650 Cowles St. Fairbanks, Alaska 99701 Bentley Room, 5<sup>th</sup> Floor

Foundation Health Partners Fairbanks Memorial Hospital

#### COURSE PRE-WORK

Learners will be provided an email that includes a URL/link to the Online ALSO Provider Couse. Content consists of a pre-test; recorded lectures; online case studies; recorded workstation demonstrations; post-test and a course evaluation. After completion of the evaluation the Learners **must** Claim Credit to show as 'Complete' in the Sponsor's Course Dashboard and to qualify to attend the Live Course.

# **AFTER THE LIVE COURSE**

The ALSO Course Sponsor is responsible for submitting the post-course Dashboard within one week after the Live course. After this submission, the Learners will receive an email with a link which will direct them to their AAFP Account where they will find their Letter of Participation and Wallet Card. Only Learners who successfully complete both the online and the live portion of the course will receive ALSO Provider Status and a wallet card stating the status and expiration date.

## LIVE PORTION OF THE COURSE

#### **AGENDA**

<u>Time</u>	Activity
0745-0800	Registration
0800-0815	Overview, Instructions, Q&A from online content
	(15 min)
0815-0845	Lecture: Safety in Maternity Care (all)
	(30 min)

#### **Workstation Rotations**

(Learners are each assigned to a group and rotate amongst skills workstations simultaneously)

0845-0930 Shoulder Dystocia

0930-1015 Assisted Vaginal Delivery

(45 min)

(45 min)

1015-1030 Break (15 min)

1030-1115 Emergency Breech

(45 min)

1115-1200 EBL/QBL and Balloon Tamponade

(45 min)

1200-1330 Lunch (90 min, working lunch, provided)

**Interactive Case Studies** 

1330-1415 Maternal Trauma

(45 min)

1415-1500 Postpartum Hemorrhage

(45 min)

1500-1515 Break (15 min)

1515-1615 Group Testing Scenarios

(60 min)

1615-1700 Evaluations, Wrap Up (all)

(45 min)

# **COURSE CONTACT INFORMATION**

Course Director: Kerry Wappett, MD

Advisory Faculty: Kerry Wappett, MD

Course Coordinator: Dayna Cook, RN

**Email Address:** 

dayna.cook@foundationhealth.org **Phone Number**: 907-458-5580

