Course	Maximum Hours	Notes
Programs approved by the Continuing Education Board for Emergency Medical Services (CECBEMS)	No Maximum	
Programs approved by Regional EMS Offices in Alaska	No Maximum	
State and Regional EMS Symposia	No Maximum	
ABLS (Advanced Burn Life Support)	8	
AED Training Programs (AHA, ARC, HSI, Respond Systems or other AK OEMS approved courses)	4	
Alaska Division of Public Health Strategic National Stockpile Emergency Preparedness training	16	
"Alaska EMS has Injury Prevention in the Bag" Program sponsored by Chronic Disease Prevention and Health Promotion	2	
AMSEA (Alaska Marine Safety Education Association) Survival Class	16	

Course	Maximum Hours	Notes
Anatomy & Physiology	12	
APLS (Advanced Pediatric Life Support)	8	
Basic Public Fire Education – AK Fire Service Training	3	
International Trauma Life Support (ITLS)	16	
International Trauma Life Support (ITLS) Access	8	
International Trauma Life Support (ITLS) Pediatric	8	
Cancer: Risks, Diagnosis and Treatment (Community Health Aide Program)	6	
Certified Nurse's Aide Training	12	
Community Health Aide Program - Session 1	48	
Community Health Aide Program - Session 2	48	

Course	Maximum Hours	Notes
Community Health Aide Program - Session 3	36	
Community Health Aide Program - Session 4	48	
CPR (Initial Course for Health Care Providers)	8	
CPR (Renewal Course)	4	
Advanced Cardiac Life Support Course (Initial Course)	16	
Pediatric Emergency Assessment, Recognition and Stabilization (PEARS) Course	9	
Pediatric Advanced Life Support Course (PALS) (Initial Course)	12.5	
Neonatal Resuscitation Program (NRP)	8	
OB STAT Maternal Transport Training Program	13.25	
Diabetes, Agenda for (Advanced CHA/P Course)	4	

Course	Maximum Hours	Notes
Emergency Medical Dispatcher	24	
EMT-I Instructor Course	24	To obtain CME credit for participation in an EMS instructor training program (e.g. CPR Instructor, ETT Instructor, EMT Instructor, etc.) you must document each separate section of the medical education. Training in course organization and methods of instruction may NOT be applied toward CME requirements at the ETT, EMT-I, EMT-II or EMT-III levels. As with all CME offerings, credit will be given on an hour for hour basis.

Course	Maximum Hours	Notes
FEMA IS-5.A: An Introduction to Hazardous Materials	up to 8 hours	
FEMA IS-100	up to 2 hours	
FEMA IS-200	up to 2 hours	
FEMA IS-300	up to 4 hours	
FEMA IS-340 Hazardous Materials Prevention	up to 4 hours	
FEMA IS-400	up to 4 hours	
FEMA Online Training Courses National Incident Management System (IS-700)	up to 3 hours	
FEMA IS-700	up to 4 hours	
FEMA IS-800		
FEMA Q-157 EMS Operations at Multi-Casualty Incidents	up to 2 hours	
Gatekeeper Training: Recognizing and Intervening with the Suicidal Patient	up to 3 hours	
Geriatric Education for Emergency Medical Services (GEMS) - Basic Life Support	8	
Geriatric Education for Emergency Medical Services (GEMS) - Advanced Life Support	12	

Course	Maximum Hours	Notes
Hazardous Materials Awareness Training	8	
Learn to Return - Aviation Land and Water Survival School	16	
Learn to Return - Helicopter Underwater Escape Training	8	
Learn to Return - Survival Medicine	16	
Medevac Escort	16	
NHTSA Child Passenger Safety Technician Certification Course	14.5	
Office for Domestic Preparedness (US Dept. HS) – WMD Hands-on-Training	16	
Office for Domestic Preparedness (US Dept. HS) - WMD Hazardous Materials Technician	24	

Course	Maximum Hours	Notes
Office for Domestic Preparedness (US Dept. HS) - WMD Incident Command	24	
Office for Domestic Preparedness (US Dept. HS) - WMD Technical Emergency Response Training	32	
Partners Four - Air Bag Safety for Emergency Response Personnel (videotape)	3	
Pediatric Disaster Life Support - PDLS	12	
PEPP - Basic	8	
PEPP - Advanced	16	
EMS-specific self-study programs, including videotapes, internet CME, journal articles, etc.	Hour-per-hour	
Total Marine Safety -Medical Emergency Basic Training	8	
Total Marine Safety - Personal Survival	15	

For additions to this list, contact the AK OEMS State EMS Training Coordinator at: EMSTraining@alaska.gov

Course	Maximum Hours	Notes
Total Marine Safety - Proficiency in Survival Craft	30	
Total Marine Safety - Fast Rescue Craft Operator	13.5	
UAA CHD - Adult Mental Health First Aid	6.5	Blended: Up to 5.5 hrs.
UAA CHD – Youth Mental Health First Aid	6.5	Blended: Up to 5.5 hrs.
UAA CHD – Applied Suicide Intervention Skills Training (ASIST)	14	
UAA CHD - safeTALK	4	Online
USDOT Emergency Vehicle Operations	40	

Resource Links for Online CME (in many cases they are free of charge and accredited)

State CME Guidelines: http://www.ems.alaska.gov/EMS/training/CME.htm

Accreditation website for EMS CME (always check accreditation of any online CME): http://www.cecbems.org/findCourse.aspx

For additions to this list, contact the AK OEMS State EMS Training Coordinator at: EMSTraining@alaska.gov

Useful cost-free and/or for-profit training links for external CME (NOTE the AK OEMS does not provide endorsements of any commercial CME provider. The list is added to allow the EMS clinician the means to make informed decisions on their CME accrual): This is a living document and will change as new programs approach the AK OEMS for review.

http://training.fema.gov/is/

http://training.fema.gov/IS/crslist.asp

http://prevent-educate.org/

http://www2a.cdc.gov/ce/availableactivities.asp

http://www.clevelandclinicmeded.com/online/

http://www.acep.org/content.aspx?id=22434

http://www.nwcphp.org/training/courses

http://hsc.unm.edu/emermed/ped/education/onlineEd.shtml

http://www.childrensnational.org/EMSC/EducationTraining/web-based-training.aspx

http://www2a.cdc.gov/TCEOnline/index.asp

http://www.ems1.com/

http://www.boundtreeuniversity.com/

http://www.fisdap.net/

FOR PROFIT EMS EDUCATION VENDORS:

Prodigy EMS Training: https://www.prodigyems.com/

- 1. Provides recert and specialty training.
- 2. Provides CME tracking.
- 3. Option to load what level you are certified at, and courses populate according to your NCCP requirements.
- 4. Must make account to get to pricing.

IMPACT EMS Training (formerly IAMED): https://www.impactems.com/

- 1. Full recert programs and specialty programs
- 2. Costs depend on the type of course.

Jones & Bartlett Publishers (Public Safety Group): www.recert.com

- 1. Multiple recert programs including PHTLS, etc.
- 2. Unlimited access for \$61.95

Journal of Emergency Medical Services (JEMS): https://fireengineeringtraining.com/

- 1. \$59.00 p/year, no limit on courses
- 2. Special Rates for departments

FOAMFRAT Studio: https://www.foamfrat.com/

- 1. Some free topics, some for subscription
- 2. \$159.99 / 200+ hours of CME available

CURRENT as of: 22 March 2024